

# "Thanks" giving Booklet

**Purpose:** This activity is designed to encourage participants to make giving thanks to God part of their daily activities. The resulting blessings are enormous. Participants begin to recognize more and more things each day for which they are thankful and think more and more on these good things. They begin to have a new outlook on life.

*"Finally, beloved, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things." Philipians 4:8*

**Target Audience:** This activity can be used by children, adults, or the whole family.

**Directions:** The booklet is designed in two styles with the idea that additional pages can be copied and added. The first style is an 8  $\frac{1}{2}$  x 11 full page booklet that can be hole punched and placed in a folder. Its pages have space for four entries per page. The second style uses 8  $\frac{1}{2}$  x 11 paper folded in half with space for one entry per page. Both styles can be copied front and back, if desired, to minimize paper use.

This concept also works with small spiral notebooks. The cover of the notebook can be titled and decorated with a Thanksgiving focus.

*Happy Thanksgiving*