

A Ninety-Day Adventure in Prayer Simple Launch Instructions

You are about to embark on an exciting adventure that offers the wonderful possibility of offering people a fresh experience of the God who loves them and new friendships that will last long beyond 90 days.

The ideas below are intended to inspire you to pull people into this adventure with you.

1st--- Team Up! Forming a team with a few others who would share this vision with you will lead to more ideas and spread out assignments for the launch!

2nd---Pray! For those who will get involved to have a fresh experience of the Lord who loves them and of new friendships with one another.

3rd --- Think Schedule! Start date? End date? The only “program” is the actual ninety days of prayer and the trio meetings of the participants each week. Have a launch to hand out books and to form trios. At the end of the ninety days we suggest a celebration of prayer in which a few people may speak about their experiences during the ninety days.
That’s it!



God uses a simple process to encourage people deeply yet that is exactly what our God loves to do!

Launch Event - Congregation:

We suggest a 30 – 60 minute gathering, perhaps on a Sunday evening, called an “Affirmation of Prayer.” A typical schedule might look like this:

1. Give every person a copy of the book. (Charge for the copies if necessary to help cover the cost.)
2. Music – sing two to three hymns or worship songs.
3. The pastor or lay leader speaks briefly on the role of prayer in our lives.
4. Explain how trios will form:
 - “You will have about 20 minutes to form prayer trios with the people around you. Preferably a trio will consist of people who are newer to you or are different from you in age or life stage. People from the same family should seek trios with others to extend the number of new friendships.”
 - “Don’t let anyone be alone – pull a person in and make a foursome or two groups of two may do the same thing but we ask for no groups to have more than four.”
 - “As soon as you connect with your trio, sit down. Introduce yourselves.” Explain that trios will meet each week during these ninety days. Talk about when that will be and where that will be. “For those weeks you cannot meet physically exchange phone numbers spend time on a three-way phone conversation. If you are on a computer consider using www.SKYPE.com which allows free conference calls.”

5. After 20-30 minutes call their attention to page xi in Pray Daily. Take a few minutes to explain the three things the trios are asked to do when they meet: “**Word – Share – Prayer.**”
6. The pastor or lay leader will offer a **brief word of encouragement** and have a closing prayer.
7. Be prepared to **help people who cannot attend the launch** but who want to participate.
8. An alternative **to an evening gathering is to launch during a worship service**. Make Step 3 above the focus of the sermon then close the service a little early so people can spend a few minutes in Step 4 above by getting into trios and deciding when and where to meet each week.
9. Near the end of the ninety days schedule a “Celebration of Prayer.” Open with some music and have two or three people pre-arranged to share briefly (five minutes each) about their experiences of prayer and of their prayer trios. Invite others to share spontaneously. Encourage the new friendships to continue, end with a word of prayer and a closing song. **Serve refreshments and rejoice!**



Launch Event – Presbyteries, Other Gatherings, Groups and Ministries

1. It is easy to adjust the above steps for a group such as a church fellowship group that meets monthly or weekly or a presbytery that meets a few times a year.
2. All of the steps remain the same except that you would devote some of your regular meeting time to offer an encouraging word about prayer, explain the ninety days of prayer process and the prayer trios and give them the time they will need in Step 4 above.
3. If the people in your group live a distance apart, ask the trios to explore ways of meeting other than physically getting together. A scheduled, three-way phone conversation works well using land lines, cell phones or www.skype.com on the computer if you have one.
4. Some trios may want to “meet” by means of Facebook or other social networking websites. While that may work well as a means of sharing prayer requests, recording experiences of God’s presence, and affirming one another, direct interpersonal conversation is the key to growing more deeply in friendship. Use the social networking sites as one way to communicate while finding ways to actually speak to one another if at all possible.



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